

5 Prayer prompts for teens

BY CATHY BAKER

1. Protection

The enemy aims for the mind because if he captures it, the rest is gravy. We can pray for a hedge of protection around their minds – what they see and listen to.

See: That they'll have no desire to view pornography, and will be protected from seeing it or encouraged to view it. And if/when they view harmful things, that they'll repent quickly and not believe the lie that it's who they've become. May they "see" and believe in God's nearness instead.

Listen: That he/she will have the desire to fill their ears with godly influences – people, music, podcasts, etc.

2. To know and believe they are loved by parents

Rebellion has been around since the first piece of fruit was plucked from the tree. Similarly, the enemy whispers in our teenager's ears, does your mom/dad really love you, care for you, and have your best interest in mind? When praying for our teens, we join forces with the One who created them and knows how to fight this battle. We can pray for the truth they've been taught to penetrate the lies, for the Lord to surround them with godly people who will speak truth into their lives, and for them to see us as we are — broken and scarred, but relentless in our love for them. If we need to ask for their forgiveness or make a wrong right, then we humbly do this, demonstrating what love is truly about — not being right, but humble.

3. Purity

I wish I'd known as a teenager that remaining sexually pure was God's way of protecting me, not depriving me. It's why I fervently prayed for my boys to remain pure so they could enjoy all the benefits and blessings that naturally flow from obedience. We pray specifically for God to lead our sons and daughters to dates/spouses with the same desire to remain pure before they are married. That both would have a greater desire to honor God than temporary pleasure.

4. Wisdom

Yes, for our teens, but mostly for us – parents, grandparents, and influencers. For wisdom to know how to discipline, when to speak and when to remain silent, and utter dependence on God for it. ("If any of you lacks wisdom, you should ask God, who gives generously without finding fault, and it will be given to you." James 1:5)

5. To hunger and thirst for God

Because we know that if this happens, all else falls into place. ("Seek first His kingdom and his righteousness, and all these things will be given to you as well." Matthew 6:33)

Thank you for downloading these prompts.

Your teen is blessed to have you standing in the gap.