Heavenly Father,

Oh, the relief, joy, and rest that floods over me as I consider how nothing is hidden from You, and how nothing shared will catch You by surprise.

I can't comprehend such love, forgiveness, and mercy, but I gratefully receive it in Jesus' name.

My sins (be as specific as possible), doubts, struggles, questions:

BUT THIS I KNOW:

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

A Prayer to God in Response to What I Know to Be True: