Sing a Psalm! Psalm 34:8-14

8 Taste and see that the Lord is good;
blessed is the one who takes refuge in him.
9 Fear the Lord, you his holy people,
for those who fear him lack nothing.
10 The lions may grow weak and hungry,
but those who seek the Lord lack no good thing.
11 Come, my children, listen to me;
I will teach you the fear of the Lord.
12 Whoever of you loves life
and desires to see many good days,
13 keep your tongue from evil
and your lips from telling lies.
14 Turn from evil and do good;
seek peace and pursue it.

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